



BOOBOROWIE PRIMARY SCHOOL SUN PROTECTION POLICY

Australia has one of the highest incidences of skin cancer in the world. At least two in three people will be diagnosed with some form of skin cancer before aged 70, and sun exposure during childhood and adolescence is a critical factor in determining future skin cancer risk. This policy aims to provide our students and staff with the knowledge and means to protect themselves from future health problems.

This policy will be in enforced for the entire year. In line with DE (Department of Education) and Cancer Council guidelines sun protection measures are in place during term 1, 3 and 4 and whenever the UV is 3 and above at other times.

Staff are encouraged to monitor the local daily sun protection times via the Sun Smart app, www.myuv.com.au or www.bom.gov.au to assist with implementing this policy and planning outdoor activities.

This is done by:

- Providing classroom programs incorporating SunSmart practices in Australian Curriculum Health and P.E areas.
- Students are required to wear broad brimmed hats or bucket hats when outside.
- Enforcing a no hat – no outside play policy. The children must wear a broad brimmed hat when outside whenever the UV index is 3 or above. Students not wearing hats are to play under the verandah or the covered outdoor learning area.
- Coordinating outdoor lessons to be held whenever UV levels reaches 3 and above where possible.
- Students must apply SPF 30 or higher broad spectrum, water resistant sunscreen to clean dry skin 20 minutes prior to going outdoors. Sunscreen is available at the school for use.
- Sunscreen will be re-applied 2 hourly during swimming activities, and IF outside for an extended period.
- Check children’s medical information for allergies to sunscreen. If a student has an allergy to sunscreen parents/carers are to supply sunscreen that can be used on their child/children.
- School uniform policy require the use of sun protective clothing shirts with collars, longer sleeves and longer styled shorts/skirts and shoes which provide adequate covering to exposed skin.
- Providing ample shading in the school grounds. Children are encouraged to use the shade when outdoors
- In line with WHS UV risk controls and role modelling, when the UV is 3 and above. Staff will wear sun protective hats, clothing and sun glasses, apply SPF 30 or higher broad spectrum, water resistant sunscreen, and where possible seek shade when outdoors.
- Parents and visitors are encouraged to model SunSmart practices when participating in school activities.

The school uniform includes a bucket hat that will be used on excursions/outings. Students may use their own broadbrim or legionnaire style hat. (Baseball caps may not be worn for sun protection).

Our SunSmart practices consider the special needs of infants. All babies under 12 months are not exposed to the direct sun when UV levels are 3 & above. Infants should be protected by clothing, hats and shade. Sunscreen should be applied to small areas of exposed skin not protected by clothing or hats

When on school grounds the Playcentre children and staff will comply with this Sun protection policy.

Updated policies are displayed in the Playcentre and school staffroom.

Students and staff are also encouraged to wear wraparound sunglasses with EPF 10 or with category 2, 3 & 4 when it is safe and practical.

Staff and students must wear hats for the duration on all school days. It is important to have some exposure to the sun for vitamin D absorption which is necessary for strong bones, muscles and for general wellbeing, therefore when the UV is below 3 sun protection is not required. Sensible sun protection when the UV is 3 and above does not put people at risk of vitamin D deficiency.

Reviewed: May 2018



Next Review: May 2021



Government of South Australia
Department for Education