



# Booborowie Primary School

*Achieving and Learning for Life*

## Term 4, 2018 Week 1 Newsletter

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Government  
of South Australia

Department for Education

Dear Parents and Friends,

It's great to be back at work feeling refreshed after a fabulous holiday. Sometimes, we forget to include ourselves when we are busy working and looking out for friends and family. Having last term to catch up with important people in my life, get through some of the jobs on my to-do list and also visit a beautiful part of the world has certainly helped me re-charge.

I was reminded that: having the opportunity to put myself, and time with friends and family first is a blessing we should all try to grab at every opportunity we can. We won't regret not getting to one of the 'jobs' on our list in life but we'll definitely wish we had spent more time creating great memories with the people who are important to us.

Mark Twain wrote "Travel is fatal to prejudice, bigotry, and narrow-mindedness...." I think that's definitely true. Travel also lets you see many more beautiful places in the world and I certainly learnt lots more about the people, their land, culture and traditions whilst in Canada and Alaska. Over coming weeks I will tell students some of the interesting things I discovered on my travels.

### What's Happening This Term

**Concert**—date will be confirmed asap. We may need help with props and costumes later in the term. Please let us know if this is something you like to do.

**YEL**—students will present what they have learnt about bees at one of our assemblies before they share at the next YEL meeting. YEL date tbc. A consent form will go home soon.

**Canberra Camp**— students and Mrs Ramsdall are only weeks away from their trip to Canberra. Students will be learning more about our systems of government this term before they go.

**Transition Programs**— transition sessions are organised to support our new reception students and senior students moving to middle school next year. Bring Your Own Device (laptops etc) information sessions will be held on two nights— you can attend either. There is also a parent information session at Clare HS.

**Student Free Day**— will be requested to enable staff to review all students' learning data and start on our 2019 improvement plan.

**Common Reports**— we plan to send these home last week of school in time for your to meet with any teachers before the holidays if you'd like to.

*We hope to be able to finalise all dates for our next newsletter.*

### TERM 4 PLANNER

Red entries denotes new item or change from previous week

#### Week 1 October

Mon	15	
Tues	16	Cool for Kids, Burra CS Julia away- Sarah TRT
Wed	17	
Thurs	18	Staff Meeting
Fri	19	Burra Spring Fair BCS Open Garden weekend

#### Week 2 October– Aust' Backyard Bird Count week

Mon	22	
Tues	23	Anne- PD at Clare HS Staff Meeting Pool CPR training Julia away- Sarah TRT
Wed	24	
Thurs	25	
Fri	26	

#### Week 3 October - November

Mon	29	
Tues	30	Canberra Trip – meet & greet 11 to 2pm Julia away Sarah TRT
Wed	31	YEL studnets presenting at Manoora
Thurs	1	Staff Meeting
Fri	2	Anne & Penny at STEM

#### Week 4 November

Mon	5	
Tues	6	Staff Meeting
Wed	7	
Thurs	8	
Fri	9	

#### Week 5 November No Staff Meeting -NLGs

Mon	12	Canberra Camp
Tues	13	Canberra Camp Teacher mtg at Clare HS—transition
Wed	14	Canberra Camp
Thurs	15	
Fri	16	

#### Week 6 November

Mon	19	
Tues	20	Staff Meeting Anne & Penny @ STEM
Wed	21	Clare HS—BYOD info session for parents 6-7
Thurs	22	
Fri	23	

#### Week 7 November

Mon	26	
Tues	27	
Wed	28	Clare HS—BYOD info session for parents 6-7 Clare HS-Parent Information Session 7-8
Thurs	29	Clare HS Transition day for students
Fri	30	Clare HS Transition day for students

#### Week 8 December- swimming week- Louise Edwards

Mon	3	
Tues	4	
Wed	5	School Concert To be confirmed
Thurs	6	Student Free Day TBC
Fri	7	

#### Week 9 December

Mon	10	
Tues	11	
Wed	12	Reports to be sent home
Thurs	13	
Fri	14	Term 4 ends – 2:30 dismissal

## Right Bite and Healthy Eating Policy

Lunchboxes and snacks children bring to school cause angst for many parents and staff from time to time. We have discussed healthy lunchboxes, minimising waste by reducing the number of bars, packets of chips and biscuits that children have in their lunchboxes and the benefits of fresh food etc with children regularly but some of our parents report they are not happy having to deal with children requesting lollies and chips because "other children have them". So, we know this is something worth looking at in more detail. The department has very clear expectations how schools will support health of our young people. The Rite Bite Policy provides guidelines on curriculum activities such as sporting events, camps and excursions, student rewards or behaviour management programs and celebrations at school. Whilst you may hear talk-back radio and see social media comments that focus on banning certain foods in schools and the problems doing this causes, our guidelines do not encourage us to just 'ban red foods'.

This term, we will work through the guidelines with governing council to agree on what practices we would like to follow so that our children learn about making healthy food choices so that they limit foods that have high fat, salt and sugar content. I have attached a Food Supply and Nutrition Policy for Schools template to show you what needs to be considered. Please feel free to catch up with me or send a note with your queries or ideas about this topic before our first Governing Council Meeting.

Thank you to Andrew and Derek for making us a new show display board. Thanks also to Mrs Drew for setting up our display at the Burra Show.

Thank you to everyone for warmly welcoming me back to school. Kind regards, Anne Heinrich



**Royal Life Saving are running swimming lessons at the Booborowie Primary School Pool from 17th-21st December 2018.**

**Bookings can be made online now at**

**<http://www.vacswimsa.com.au/vacswim-locations/mid-north/booborowie-primary-school/>**

## SPORTS VOUCHERS

***The cost of children's sports can take a big chunk out of your family's budget. To help, the SA government provide Sports Vouchers for all primary school aged children.***

***FROM 1st January 2018, Sports Vouchers will increase from \$50 to \$100 per primary school aged child.***

### Establish if Your Child is Eligible

Sports Vouchers are available to all South Australian primary school aged children\*. Each eligible child is able to claim one voucher per calendar year (currently \$50 in 2018; \$100 for 2019).

### Find an Approved Sports Provider

To find your nearest provider please use the "Find a Provider" tool on the website.

### Request to use your Sports Voucher

Let the club know that you want to use your Sports Vouchers entitlement to discount \$50, soon \$100, from their membership fee.

### Provide Information

You must then provide all the required details\*\* to the club. The critical piece of information is your child's eleven (11) digit Medicare number or Australian visa number. The two most common ways to give your child's details to the club are:

filling out a [Sports Voucher](#)

or through the sports own online registration system (if available)

### Pay

After you have provided all the details necessary to receive a voucher, the Provider must reduce their membership fee by \$50 for 2018, up to \$100 for 2019. You must then pay the remaining balance. The discount must be applied to membership fees at the time of payment e.g. a club's membership fees are \$200, you will pay \$100 and the club will claim the remaining \$100 from Sports Vouchers.

\* 'Primary School Aged' currently means where a child is attending or is eligible to attend primary school (between the years Reception to Year 7) in South Australia.

\*\* The Sports Vouchers hard copy voucher form specifies all the details that clubs need to collect from you, this will change for 2019.

## COMMONLY ASKED QUESTIONS

**Year 7 at my child's school is in Middle or High School, can my child still use a voucher?**

Yes, every child that is attending or eligible to attend primary school can use a voucher, as most schools still have Year 7 in primary school, your child is eligible to use a voucher.

**When can I use a voucher?**

One Voucher for each eligible child per calendar year.

**Which Clubs offer the Sports Voucher Program?**

Search for approved Sports Voucher Providers using our 'Find a Provider' online tool.

**Can the Sports Voucher be split between two providers?**

No, the Sports Voucher can only be redeemed at one provider per calendar year.

**I am being asked to pay for the 2019 season in 2018, can I use the \$100 voucher?**

Yes, the provider must be willing to submit its claim after 1 January 2019.

**I have paid a deposit before redeeming the voucher, can I still use it?**

Yes the voucher can be used on the remaining balance.

**How can I get more information?**

Call 1300 714 990. (then press 1 for Sports Vouchers) or go to <http://www.sportsvouchers.sa.gov.au/>

# General use adrenaline autoinjectors (EpiPen®)

## Information for parents and legal guardians

All Department for Education preschools and schools must have a general use adrenaline autoinjector so they can provide emergency medication to treat anaphylaxis. The department specifies that preschools will keep an EpiPen® Jr (0.15mg adrenaline) and schools will keep an EpiPen® (0.3mg adrenaline).

The 'general use' adrenaline autoinjector is not a substitute for children and young people who are at high risk of anaphylaxis, and who have been prescribed an adrenaline autoinjector. In these cases, you need to notify the preschool or school that your child is at risk of anaphylaxis and provide an Australasian Society of Clinical Immunology and Allergy (ASCIA) action plan.

### General use EpiPens®

Adrenaline autoinjectors for *general use* are most likely to be used when:

- an individual who is known to be at risk of anaphylaxis does not have their own device immediately accessible or the device is out of date
- a second dose of adrenaline is required before an ambulance has arrived
- an individual's device has misfired or accidentally been discharged
- a previously diagnosed individual with mild allergy who was not prescribed an adrenaline autoinjector has their first episode of anaphylaxis
- less commonly, an undiagnosed individual has a first episode of anaphylaxis and was not previously known to be at risk (eg a child having their first reaction at school).

### Keeping your child safe

Our preschools and schools must have sufficient staff on site with:

- current first aid training (that includes cardiopulmonary resuscitation (CPR) and how to administer emergency asthma and anaphylaxis medication)
- training through the ASCIA anaphylaxis e-training course for schools and childcare
- practical training in how to use an EpiPen®

In an emergency, if there is no other person nearby who has had basic training in the use of an adrenaline autoinjector, it is reasonable that someone without specific training will administer adrenaline by following instructions on the device. Where there are reasonable grounds for believing an individual is having an acute allergic reaction, adrenaline will be administered.

### Taking precautions

An ambulance will be called in all cases where adrenaline is administered and care for the person will be transferred to the ambulance officer. The patient will be taken to hospital to remain under observation until symptoms have resolved. No serious or permanent harm is likely to occur from mistakenly administering adrenaline to an individual who is not experiencing anaphylaxis. Temporary side effects of adrenaline may include increased heart rate, trembling and paleness.

### Further information

Contact your preschool or school for further information.





Free parenting seminar

## The secret life of teenage girls



Are you the parent  
of a teen or pre-teen girl?  
Come and join us or watch our live webcast.

Dr Justin Coulson, nationally recognised parenting  
speaker and author will talk about:

- what it's like to be a girl in today's world
- things girls worry about, how to support them and give them hope
- how to stay connected with your daughter when it seems she doesn't want to
- what this means for raising boys.

Register to attend in person or view the live webcast at:

Online: <http://parentingsa.eventbrite.com.au>  
Phone: 8303 1660  
Email: [health.parentingsa@sa.gov.au](mailto:health.parentingsa@sa.gov.au)

Tuesday 6 November

When: 7.00 - 9.00pm

Where: City Rooms  
Adelaide Convention Centre  
North Terrace, Adelaide

Presented by Parenting SA.  
For more information about  
raising children and teenagers visit  
[www.parentingsa.gov.au](http://www.parentingsa.gov.au) or  
[www.cyh.com](http://www.cyh.com)

*This seminar is designed for an adult audience.*

NATIONAL BIRD WEEK OCTOBER 23—29



Bird Life Australia has created the Aussie Backyard Bird Count app for you to take part in Australia's first nationwide bird survey. For one week each year near the end of October, as part of National Bird Week, join thousands of people as they get to know their local birds and help us discover how our birds are getting on. It only takes 20 minutes in your backyard, neighbourhood park, or favourite green patch to be a part of this exciting event.

All you have to do is sign-up with your name and email address, select your location on the map, and start counting. If you need help identifying birds, use the handy built-in Field Guide. While there are around 800 species of birds in Australia, the Field Guide holds just under 400 species. Try to be as general as possible when searching or typing in bird names to get the best results.

Don't go away when the Bird Count has finished. You can use the Field Guide year round to learn more about your feathered friends.

Check out the FAQs on the website for more in depth information <http://www.aussiebirdcount.org.au>

To find out about the great work we do at BirdLife Australia and get involved go to <http://www.birdlife.org.au>



# BOOBOROWIE BUSHFIRE READY MEETING

This meeting could  
save your life!

## TOPICS INCLUDE:

- Bushfire behaviour & warnings
- Property preparation
- Keeping safe
- Where to go and when
- Your bushfire plan



## WHEN:

• Wednesday •

24<sup>th</sup> October 2018

1pm to 2pm

## WHERE:

Booborowie

**HOST** Town Hall  
**BOOBOROWIE**  
**COMMUNITY LADIES**

Maxine Baldock 8893 2213

**FURTHER  
DETAILS:**

Kylee McNamee 0457 103 506

